

Trauma Anesthesia
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GOLDEN HOUR

- The **first hour** following a trauma during which aggressive resuscitation can improve the chances of survival and restore the normal functions.
- Early pre-hospital care, early transport, aggressive resuscitation and interventions in ED, continued care in ICU have a definite and significant role in preventing deaths due to trauma.

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TRAUMA

- Not a biologic basis for a disease
- Results of an external force ultimately destroying/disrupting normal structure and function of the human body
- Known as a disease of human behavior
- One death every 3 minutes
- WHO prediction
 - Injury - leading cause of death by 2020

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NATIONAL TRAUMA INSTITUTE

Trauma Statistics & Facts

#1 Cause of Death
For ages 1 to 44

SOURCE: CDC National Center for Injury Prevention and Control, 2010

ANNUAL COST OF TRAUMA
\$271 billion a year in health care and lost productivity

SOURCE: WISQARS, CDC, NCHS, MEDICAL CARE COSTS SURVEY, 2010

30% of All Life Years Lost

SOURCE: CDC National Center for Injury Prevention and Control, 2010

Total NIH Funding 2015
Percent of NIH Grant Funding for Trauma

SOURCE: US Census Bureau, American Community Survey, 2010

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Coordinated Management of Care

- **MOA?**
 - Typically warrants immediate surgery
 - Affecting multi organs
 - Co morbidities – all affect how you proceed w anesthesia different than the 'norm'
- **Care cannot be postponed**
- **Medical history often?**
 - Patient cannot help
 - ETOH, 'street drugs', other situations – add to challenge
- **Cannot delay**
 - Work with what you have
 - Often not much

The Trauma Care Chain of Survival

Source: A National Trauma Care System: Integrating Military and Civilian Trauma Systems to Achieve 2020 Preventable Deaths After Injury. NSC/TM, 2008

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Modern Trauma Systems

- Improve patient outcomes
- Risk of death decreased with increasing levels of system and care

HOSPITAL OR TRAUMA CENTER LEVELS

A trauma center is a type of hospital that has resources and equipment needed to bring care for severely injured patients. The American College of Surgeons' Committee on the National Governing Body and Standards Trauma Centers are Level I to Level V.

LEVEL I
Level I trauma centers provide the highest level of care for all types of trauma. They have a full range of specialized services and resources available 24 hours a day, and are required to provide care for all types of trauma patients, ranging from a child with a minor injury to a severely injured adult.

LEVEL II
Level II trauma centers work in collaboration with Level I trauma centers. They have a full range of specialized services and resources available 24 hours a day, but are not required to provide care for all types of trauma patients.

LEVEL III
Level III trauma centers are not trauma centers. They have a full range of specialized services and resources available 24 hours a day, but are not required to provide care for all types of trauma patients.

LEVEL IV
Level IV trauma centers are not trauma centers. They have a full range of specialized services and resources available 24 hours a day, but are not required to provide care for all types of trauma patients.

LEVEL V
Level V trauma centers are not trauma centers. They have a full range of specialized services and resources available 24 hours a day, but are not required to provide care for all types of trauma patients.

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ATLS by ACS

Framework for management and evaluation from prehospital to hospital

- Phases
 - Primary Survey
 - Logical and sequential treatment strategies based on RAPID ASSESSMENT
 - ABCDE- Airway, breathing, circulation, disability (NEURO), exposure the patient (environment impact to body i.e. blast injury, burns, other)
 - GOAL
 - Identify and rapidly manage life threatening injuries
 - Vascular access, establish airway, other
 - Secondary Survey
 - GOAL
 - Continued resuscitation and stabilization efforts
 - Head to toe assessment, neurologic examination, other

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Blunt versus Penetrating Trauma

- **Blunt**
 - Direct impact, deceleration, continuous pressure, shearing, and rotary forces
 - *Factors associated with high levels of energy*
 - Result from high speed collisions, falls, other
 - Newton's first law
 - Object tends to remain in motion until it is affected by an outside force
 - Abrupt decelerations creates negative gravitational forces
 - Outer shell of body abruptly decelerates, internal organs continue forward at original velocity and torn from attachments
 - Disruption of connective tissue, blood vessels, nerves

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Laws of Energy and Motion

- Newton's first law of motion states that a body at rest will remain at rest and a body in motion will remain in motion unless acted on by an outside force.
- the vehicle hits a tree and stops → the unrestrained person continues in motion → hits the steering column, dashboard, and windshield → stops the forward motion of the torso or head → but the internal organs of the person remain in motion → hit the inside of the chest wall, abdominal wall, or skull → effect

Force are Balanced

Objects at Rest (v = 0 m/s)	Objects in Motion (v ≠ 0 m/s)
a = 0 m/s ²	a = 0 m/s ²
Stay at Rest	Stay in Motion (same speed and dir'n)

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MVA


Blunt trauma – rarely occurs in isolated body systems

- Entire body impacted
- 5 types of MVA
 - Head on
 - Rear impact
 - Side impact
 - Motor vehicle accidents, the most common cause of blunt abdominal injuries, often result in hepatic injury to the passenger if impact is on the passenger's side
 - Rotational impact
 - Rollover
- Injuries categorized: **above or below waist**
- Upper body collide with front parts of car (dashboard, other)
 - Expect: head, neck chest, abdomen, upper extremities

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Or categorized below the waist:
pedestrian versus vehicle

Knees, femurs, acetabular fractures



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Case Scenario #1

- Rollover MVA
- Young healthy male adolescent
- Sustained Injuries:
 - Spleen, liver, hollow organs, other
 - Uncontained bleeding = hemoperitoneum

Massive hemorrhage with shock complicated by external bleeding

*** Bleeding from abdominal injury MOSTLY internal (within the abdominal cavity)

Critical combination injury - associated penetrating injury = external bleeding through the wound

- With hollow organ injury, the contents of the organ (for example, stomach acid, stool, or urine) may enter the abdominal cavity and cause peritonitis

Remember: Blunt trauma is more difficult to assess because injuries are less obvious, so massive blood loss may occur before injuries are detected

3 types of blunt injuries:

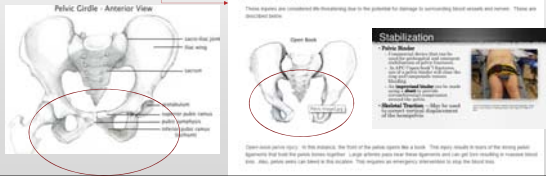
- crush, which results from compression,
- shear, which involves tearing, and
- burst, which relates to sudden increased pressure (such as from an explosion)

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Case Scenario #2 Jump from burning building, 7 stories, young healthy obese female

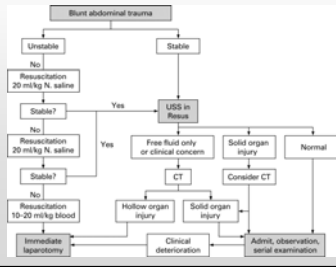
- Sustained injuries:
 - Open book pelvic fracture

Injury to the pelvis occurs in approximately 8-9% percent of what is termed blunt trauma: falls, motor vehicle crashes (cars and motorcycles), bicycle wrecks, and pedestrians being struck by moving vehicles.



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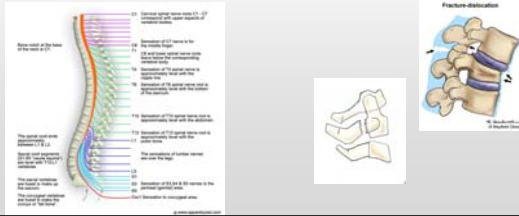
BUT ALSO, Perforated Viscus



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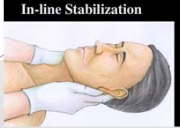
Your neck is on the line Cervical Spine Injury - blunt trauma

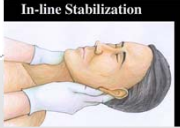
- All blunt trauma victims including those ultimately w/o high risk mechanisms of cervical spine injury should be suspected of and treated as unstable neck until proven otherwise!



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Cervical Spine Injury Patterns from Blunt Trauma

1. Midline vertebral tenderness	
2. Focal neurologic deficits	
3. Altered level of consciousness	
4. Evidence of intoxication	
5. Pathologic distorting injury	



Int J Crit Illn Inj Sci. 2014 Jan-Mar; 4(1): 50- 56.

Cervical Spine Injury Patterns from Blunt Trauma

Spinal Cord Injury

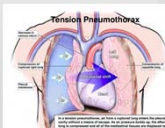
Spinal Cord Injury (SCI) - Definition

Spinal cord injury (SCI) is defined as a mechanical force to the spinal cord resulting in a permanent or temporary loss of motor, sensory, or autonomic function in the spinal cord. SCI is a leading cause of disability and death in the United States. The most common cause of SCI is trauma, which can result from a variety of mechanisms, including motor vehicle accidents, falls, sports injuries, and violence. SCI can be categorized into traumatic and non-traumatic, and is further divided into complete and incomplete. Complete SCI involves a total loss of function below the level of injury, while incomplete SCI involves partial loss of function. The extent of injury is determined by the level of the spinal cord affected, with higher levels resulting in more severe deficits. SCI can also be classified as acute or chronic, depending on the timing of the injury. Acute SCI occurs immediately after the traumatic event, while chronic SCI develops over time. The pathophysiology of SCI involves primary and secondary injury mechanisms. Primary injury is the initial mechanical damage to the spinal cord, while secondary injury is a cascade of biochemical and cellular events that occurs hours to days after the primary injury. Secondary injury is characterized by a disruption of the blood-spinal cord barrier, leading to edema, inflammation, and the formation of a glial scar. These events can lead to further damage to the spinal cord and ultimately result in permanent deficits. Early diagnosis and treatment of SCI are crucial for improving outcomes. Treatment options include surgery to stabilize the spine, medications to reduce inflammation and swelling, and rehabilitation to maximize function. Research is ongoing to develop novel treatments for SCI, including stem cell transplantation and gene therapy.

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Thoracic Trauma – BLUNT

- Unique concerns
 - Not wearing seat belts
 - Injured chest structures that prevent optimal resuscitation
 - Chest wall, lungs and airways, heart and pericardium, great vessels of thorax
 - Pneumothorax
 - Take seriously; many missed




Tension pneumothorax

- What is it exactly? Lung puncture within thoracic cavity
- Creates a one way valve
- Traps air between layers of pleura
- With each breath, more air becomes trapped, increasing intrapleural pressure until successful with non-traumatic pneumothorax
- Expanding pleural cavity collapses ipsilateral lung and shifts structures of mediastinum into opposite hemithorax
- Size will rapidly increase during PVP

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Clinical signs of tension pneumothorax

- Hypotension
- Subcutaneous emphysema, head and neck
- Unilateral decrease in BS
- Diminished chest wall expansion
- Distended neck veins
- Tracheal shift



Tension pneumothorax


- Increasing intrapleural pressure
- Superior mediastinal shift
- Hyperinflated lung
- Inferior vena cava
- Tension pneumothorax

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Treatment of tension pneumothorax

- Emergent situations
 - Needle decompression – 14g
 - Second intercostal space just above 3rd rib
 - Midclavicular line
- OR
- 4th or 5th interspace laterally!

- Relief of pressure
- Restore cardiac function
- Will hear the RUSH of air



- MOVE TO CHEST TUBE INSERTION


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Blunt Trauma

- May also see pericardial tamponade
- Restricts filling of the cardiac chambers during diastole
- Produces a fixed low cardiac output
- Life threatening emergency

Clinical Manifestations of Cardiac Tamponade

- Increased central venous pressure
- Activation of the sympathetic nervous system (tachycardia and vasoconstriction)
- Equalization of right and left atrial pressures and right ventricular end-diastolic pressures at about 20 mmHg (exception may be accumulation of blood and clots over the right ventricle, as may follow cardiac surgery)
- Paradoxical pulse (decrease > 10 mmHg in systolic blood pressure during inspiration)
- Hypotension (low cardiac output)



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Pulmonary Contusions

- 70% of blunt thoracic trauma present with some degree of pulmonary contusion
- Injuries to the alveoli without gross disruption of architecture
- Bruise to the lung tissue
 - Protein rich fluid exits ruptured pulmonary capillaries
 - Enters alveolar membrane and interstitial space
 - Gas diffusion problems
 - ARDS
- Problem?
 - High pressures and barotrauma
 - Solution
 - High frequency oscillation ventilation
 - CBP
 - Use low tidal volumes and maintain peak pressures < 32 cm H₂O
 - NOT NECESSARILY 100% FiO₂

PULMONARY CONTUSION

- It is damage to the lung tissues resulting in hemorrhage and localized edema.
- Ecchymosis at the site of the damage
- Crackles
- Cough may be present with blood-tinged sputum.
- Pulmonary contusions tend to worsen over a 24- to 48-hour period and then slowly resolve unless complications occur (infection, ARDS).
- Patients with severe contusions may require endotracheal intubation and mechanical ventilation

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Penetrating Trauma

- High Velocity Projectile Injury

Penetrating Trauma

Involves disruption of skin and tissues in a focused area

- Low velocity: Caused by sharp edges
- Medium and high velocity: Object might flatten out, tumble, or ricochet.



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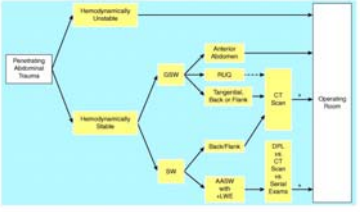
Damage - High Velocity Projectile

3 interactive factors

- 1- the type of wounding instrument, knife, missile bullet or fragment, shrapnel, etc
- 2- the velocity of the missile at time of impact
- 3- the characteristics of the body tissue that the object passes through

Key point – low or high velocity penetration ~ damage ultimately results from disruption of normal anatomy and physiology. **Velocity** of the projectile is the most significant determinant of wound potential

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Algorithm for the evaluation of penetrating abdominal injuries. AAIW = anterior abdominal stab wound; CT = computed tomography; DPL = diagnostic peritoneal lavage; SW = small wound; LUQ = local wound exploration; RLQ = right upper quadrant; US = ultrasound.

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Damage Control Surgery

- Surgical procedures – multistep
 - Early repair...not intended to be definitive but stabilization
 - ER to OR to ICU
 - Return to OR ...several times and phases
- Immediate Rapid Control of:
 - Hemorrhage *****
 - Prevention the lethal triad: acidosis, hypothermia and coagulopathy
- Limitations of crystalloid exist !!!
 - Blood is required to correct deficiencies
 - Rapid transfusion protocols

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Rapid TEG

THROMBELASTOGRAPHY (TEG) IN TRAUMA

SUMMARY
Thrombelastography (TEG) is a test of whole blood coagulability that was developed in the 1970s, but was largely replaced over a brief period of time by conventional coagulability tests (PT, PTT, prothrombin time). It has been reported to be superior to conventional coagulability tests in the TBI population. The use of TEG in the trauma population is still controversial. This position states the importance of a thrombelastogram over other tests in the acute trauma patient.

RECOMMENDATIONS

Level 1
• None

Level 2
• Thrombelastography may be used to assess patients for coagulopathy in the following situations:

- Blunt or penetrating trauma patients who arrive in hemorrhagic shock
- Patients receiving massive transfusion protocols or FFP to maintain hemostasis or guide product therapy
- Clinical suspicion for hemorrhage or coagulopathy

Level 3
• Thrombelastography may be used to guide blood product administration in bleeding patients in trauma:

- TEG ACT > 140 or R time > 10.9 seconds from frozen plasma
- APTT > 40 or aPTT > 38 seconds (unfractionated heparin)
- APTT > 35.9 seconds (heparin)
- FFP > 20.9 units transfused

INTRODUCTION
TEG was developed in 1968 by medical physicist in Heidelberg, Germany as a test to detect clotting factor deficiencies (1). Its availability in the United States was limited until the 1990s, when the addition of disposable, computerized, single-plate, and conventional software made the test more practical. Hemostatic and coagulation tests are important in the trauma population. It allows the trauma resuscitator to be alerted, but in a timely and appropriate manner. If a coagulopathy is identified, the TEG results will assist in the specific therapy to treat it, whether using blood product administration, or anti-fibrinolytic or thrombolytic drug.

INDICATIONS FOR USE

- Bleeding in trauma patients
- Bleeding in trauma patients in intensive care or critical care
- Bleeding in trauma patients in intensive care or critical care
- Bleeding in trauma patients in intensive care or critical care
- Bleeding in trauma patients in intensive care or critical care

USE OF THROMBELASTOGRAPHY

- Level 1: Thrombelastography may be used to assess patients for coagulopathy in the following situations:
 - Blunt or penetrating trauma patients who arrive in hemorrhagic shock
 - Patients receiving massive transfusion protocols or FFP to maintain hemostasis or guide product therapy
 - Clinical suspicion for hemorrhage or coagulopathy
- Level 2: Thrombelastography may be used to guide blood product administration in bleeding patients in trauma:
 - TEG ACT > 140 or R time > 10.9 seconds from frozen plasma
 - APTT > 40 or aPTT > 38 seconds (unfractionated heparin)
 - APTT > 35.9 seconds (heparin)
 - FFP > 20.9 units transfused

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Additional Information

- Remember - blunt abdominal trauma → occult bleeding
- Immediate:
 - Abdominal ultrasound
 - FAST = Focused Assessment with Sonography for Trauma
 - CT
 - MRI
 - Angiography
- BUT if critical – ER to OR
 - Large bore intravenous catheters
 - Above the diaphragm
 - Prior to opening the abdomen
 - Blood product in OR
 - WARM, WARM, WARM!

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The ABCDs of Trauma Anesthesia

- Anesthesia MUST facilitate rapid surgical management
- Our goal – rapidly move the patient to the OR
 - Perfusion of organ systems is directly related to TIME



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Treatment for Hemorrhagic Shock and Trauma

- Can be obvious, hidden, or a combination of the both
- Fluid Resuscitation
 - What is appropriate?
 - Often resuscitation is measured for success by BP
 - is this wrong?
 - Do view on other parameters
 - What is the state of repair of the injuries?
 - Little or no active bleeding?
 - ATLS: 2 L isotonic crystalloid
 - component therapy for a larger resuscitation with greater blood loss

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Fluid and further considerations

- Can worsen the clinical state if timing is off
- Ruptured or torn or damaged blood vessels? Blood containing nutrients, coagulation factors, catecholamines, and oxygen carrying capacity will be lost!
- Suggestion
 - Early resuscitations efforts **before surgery** (and fluid) should be done by 'hypotensive resuscitation'
 - What is it?
 - A clinical methodology that guides fluid therapy in a manner that avoids excessive bleeding by targeting fluid treatment toward maintaining a lower than normal systolic BP i.e. 85-90 mmHg

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Intravenous Access Catheters

- Poiseuille's Law
- Speed is directly related to catheter diameter
 - Larger catheters decrease turbulence and increase flow
- Rule of thumb? Short and FAT IV catheters ☹
- Central Catheters? Not always, other access?
 - NO FEMORAL catheters used when major abdominal vascular or pelvic injury occurred
- IV access above the diaphragm provides most assurance of staying intravascular, where needed!
- Trauma centers
 - Typically RBCs replaced to provide oxygen carrying capacity and 1:1 with blood loss
 - Guided product administration by
 - Laboratory values
 - Vital signs
 - Blood loss
 - Perfusion to vital organs
 - NO HESPERAN, NO GLUCOSE

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Coagulopathy and Trauma

- Once develops, M and M increases significantly
- Otherwise healthy people:
 - Elevated PT on admission indicates rapid hemorrhage, massive injury, and worsening perfusion state
- Clot formation
 - Begins with vascular insult
 - Tissue injury = release of *tissue factor* from endothelium
 - Simultaneously vascular spasm causes platelets to migrate to injury
 - TF binds with activated circulation factor VII (FVIIa)
 - FVIIa interaction with TF begins converting prothrombin (II) to activated thrombin (IIa)
 - Resulting in thrombin burst on platelet surface
 - Conversion of thrombin completes the coagulation process yielding fibrin (1) connections that stabilize the clot
 - **THIS IS UNDER NORMAL CONDITIONS**

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In Trauma Situations..... i.e. 'abnormal conditions'

- Massive injury disrupts clotting cascade at several points in the process
- 4 mechanisms have been ID'd as primary causes of trauma-induced coagulopathy
 - 1 dilution of factors
 - 2 hypothermia/acidosis
 - 3 severe traumatic brain injury
 - 4 hemorrhagic shock

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Dilution of factors

- When massive resuscitation to replace blood volume and restore perfusion happens-
- **Crystalloid dilutes coagulation factors and platelets and increases hydrostatic pressure**
 - **Leads to poor clot formation and non surgical bleeding**
- No clear answer but the experts say
 - Administer procoagulant products to maintain an INR of <1.5 and platelet count greater than 50,000
- Point of care testing



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Hypothermia and Acidosis = the big enemy

- Heat loss happens with trauma situation
- Hypothermia results in significant coagulopathy
 - Alters platelet function
 - Reduces fibrin enzyme kinetics
 - When mixed with acidosis - all bad things happen
- Most heat loss in trauma environment is due to **radiant loss**
- Acidosis
 - In the presence of low temperature- contributes to - lethal triad of acidosis, hypothermia and coagulopathy
 - Acidosis
 - Impairs coagulation proteases and becomes clinically significant at pH < 7.1
 - DO NOT GIVE SODIUM BICARBONATE it does not increase clotting function!!!!!!

Degree of Hypothermia	Traditional Classification (°C)	Trauma Classification (°C)
Mild	32-33	34-36
Moderate	28-32	32-34
Severe	20-28	< 32
Profound	14-20	
Frost	< 14	

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TBI {Traumatic Brain Injury}

Overall goal of all surgical treatment is to prevent secondary injury by maintaining blood flow and oxygen to the brain & minimize swelling and pressure

Closed Head Injury-
No skull penetration
Cause - direct or indirect force to the head by rotational and/or deceleration

Open Head Injury- penetration of the skull with direct injury

Diffuse Axonal Injury- diffuse cellular injury to the brain from rapid rotational movement
Cause - motor vehicle accidents or shaking injuries
Axons are damaged or torn by the rapid deceleration; injury is from the shearing force disrupting the axons (white matter)

Contusion-bruise to a part of the brain; bleeding into the tissue

Penetrating Trauma- any object that enters the brain; direct injury by impact and pushing skull fragments into the brain

Secondary Injury - swelling and release of chemicals that promote inflammation and cell injury or death

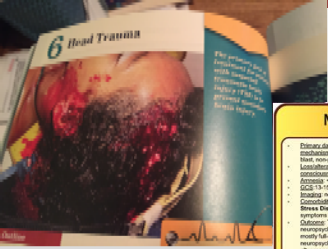
Brain swelling increases ICP and prevents drainage of CSF
Causes further increase in pressure and brain damage. If this is not controlled or prevented the brain can herniate

← Prevent 2nd Injury

Only way to prevent the primary injury is to prevent the trauma. The prevention of this secondary injury is the focus of the acute medical care after injury.

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Traumatic Brain Injury



Box 6-1 Neurosurgical Consultation for Patients with TBI

When consulting a neurosurgeon about a patient with TBI, the following information is helpful:

- Age of patient
- Mechanism and level of injury
- Preinjury and prehospital status (particularly blood pressure and oxygen saturation)
- Location of the traumatic insult(s), including the GCS and any other pertinent findings on the patient received and how the patient is doing
- Head measurements
- Presence and type of associated deficits
- Status of respiratory system, ventilation/airway
- Presence of pupillary or light reflex abnormalities

Mild	Moderate	Severe
<ul style="list-style-type: none"> • Presence of minor/major scalp laceration, predominantly blunt non-penetrating • Localization of contusion(s): <10 minutes • GCS 13-15 • Duration: <24 hours • Imaging: negative • Outcome: Post Traumatic Stress Disorder developing • Signs/symptoms of increased intracranial pressure • Outcome: Transient • Outcome: mild-to-moderate neurophysiologic deficits, mostly full recovery, long-term neurophysiologic sequelae after repeated injuries are frequent 	<ul style="list-style-type: none"> • Presence of minor/major scalp laceration; frequently mixed, blunt + penetrating • Localization of contusion(s): typically non-penetrating • GCS 9-12 • Duration: 10-30 minutes • Imaging: negative • Outcome: >24 hours, <7 days • Signs/symptoms of increased intracranial pressure • Outcome: transient changes • Outcome: CT/MRI, other • Outcome: mild-to-moderate neurophysiologic deficits, typically chronic, neurological and neurophysiologic abnormalities 	<ul style="list-style-type: none"> • Presence of major/major scalp laceration; complex, blunt + penetrating • Localization of contusion(s): >24 hours • GCS <9 • Imaging: positive, lasting abnormalities • Outcome: Permanent • Outcome: multiple organ system involvement and/or neurophysiologic deficits, severe, chronic physical and neurophysiologic disabilities

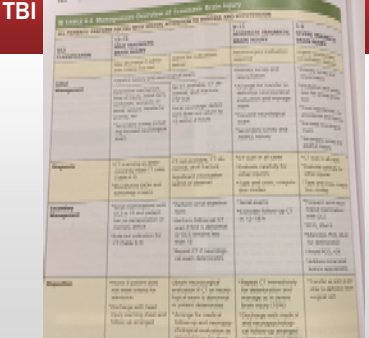
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The Glasgow Coma Scale

Response	Scale	Score
Eyes Opening Response	Eyes open spontaneously	4 Points
	Eyes open to verbal command, speech, or shout	3 Points
	Eyes open to pain (not applied to face)	2 Points
	No eyes opening	1 Point
Verbal Response	Oriented	5 Points
	Confused conversation, but able to answer questions	4 Points
	Inappropriate responses, words discernible	3 Points
	Incomprehensible sounds or speech	2 Points
Motor Response	No verbal response	1 Point
	Obeys commands for movement	6 Points
	Purposeful movement to painful stimulus	5 Points
	Withdraws from pain	4 Points
Minor Brain Injury = 13-15 points; Moderate Brain Injury = 9-12 points; Severe Brain Injury = 3-8 points	Abnormal (rigid) flexion, decorticate posture	3 Points
	Extensor (rigid) response, decerebrate posture	2 Points
	No motor response	1 Point

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TBI



- **GCS** – Urgent neurosurgery consultation
- **1 survey/resuscitation**
 - Intubation
- **Treat low BP, low volume, hypoxia**
- **2nd survey - AMPLE**
- **CT scan**
- **Type and Cross/Coagulation profile**

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AMPLE -2nd Survey

Review the patient's history using AMPLÉ

- Taking a history in head injury
- Mechanism of injury
- Loss of consciousness or amnesia
- Level of consciousness or GCS and on transfer
- Evidence of seizures
- Probable hypoxia
- Pre-existing medical conditions
- Medications (especially anticoagulants)
- Use of drugs and alcohol

A-Allergies. Does the patient have any allergies?

M-Medications. What medications is the patient currently taking?

P-Past illnesses. What illnesses has the patient had?

L-Last meal. What foods (solids and liquids) did the patient consume last?

E-Events preceding injury. What was happening just before the patient was injured? (This question should bring about a reply that tells you how the injury occurred.)

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Head Injury

- Anesthetic Management
 - Control of the airway
 - Maintenance of CV stability
 - Hypotension is a HUGE problem
 - Know CPP; systemic BP directly affects CBF
 - (CPP = MAP - ICP)
 - Hypoxemia and hypotension = high mortality rate
- GCS <8 ~ INTUBATE
- Maintain SpO2 > 90%
 - Hypercarbia and hypoxia both contribute to elevated ICP
 - Hyperventilation bad also!
- Airway establishment
 - Induction (techniques) to prevent anything that would increase ICP
 - No nasal intubations
 - Place OGT not NGT

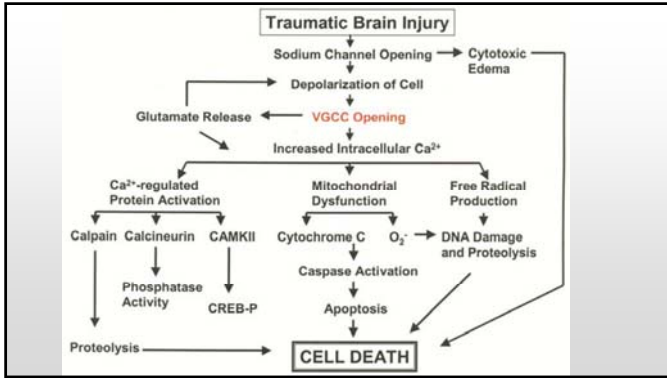
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And TBI {traumatic brain injury}

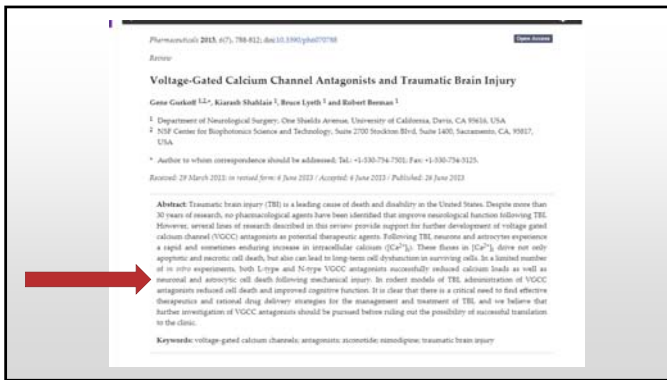
- Theory
 - TBI causes a local release of TF from injured neurons, activating the protein C pathway and triggering the release of anticoagulant mediators
- Early management?
 - Plasma
- End- point of plasma administration.....normalize PT and INR
- Plasma requirements ~ unpredictable

Role in trauma induced coagulopathy?

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Management of ICP in the Trauma Patient

- Treatment required for ICP >20-25 mmHg
- Aggressive CPP improves outcome
- Keep CPP at least > 50mmHg (some say higher)
- Goal in treating intracranial hypertension is to promote adequate oxygenation and nutrient supply by maintaining CPP, oxygenation and glucose supply w/o hyperglycemia
 - Therapeutic options
 - Decrease cerebral blood volume
 - Decrease CSF volume ***
 - Diuretics *** 3% NS or Mannitol
 - Craniectomy ***
 - Resection of injured tissue ***
 - Evacuate hematomas

CEREBRAL PERFUSION PRESSURE

CPP = MAP - ICP

CEREBRAL PERFUSION PRESSURE = MEAN ARTERIAL PRESSURE - INTRACRANIAL PRESSURE

What do we want?
Brain perfusion depends on cerebral blood flow meeting cerebral metabolic requirements.
Cerebral blood flow depends on cerebral perfusion pressure (CPP) against skull ICP.
Normal CPP = 50 mmHg

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Key components of ANESTHESIA CARE – Neurosurgery for Traumatic Brain Injury

- Hyperventilation
- Normocarbia preferred
- Hyperventilation = ↓ PaCO₂ = cerebral vasoconstriction
- Cerebral ischemia in an already injured brain
 - <30mmHg
 - **** Brief periods ok – will lower ICP in rapidly deteriorating situation with expanding hematoma until emergent craniotomy**

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Mannitol and Hypertonic Saline

<ul style="list-style-type: none"> ▪ Mannitol • Potent Osmotic Diuretic • Do not give with hypotension • Will NOT lower ICP in hypovolemia • Will worsen cerebral ischemia 	<ul style="list-style-type: none"> ▪ Hypertonic Saline • Reduces high ICP • 3% - 23.4% used • Preferable if hypotension • Does not act as a diuretic
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• **Indication for administration in euvolemic - 1 g/kg over 5 min then immediately to CT and/or OR**

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↻

No difference between mannitol and hypertonic saline in lower ICP, neither will lower ICP in hypovolemic state

- Acute neurologic deterioration
- Dilated pupils
- Hemiparesis
- Loss of consciousness while observed

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Understanding osmotic therapy

Patients with increased intracranial pressure (ICP) commonly receive bolus or continuous infusions of I.V. mannitol or hypertonic saline solution for osmotic therapy. Mannitol promotes osmotic diuresis, whereas hypertonic saline solution is more likely to maintain plasma volume. The goal of giving hypertonic saline solution is to raise the serum sodium level to 150 or 155 mEq/L, which increases serum osmolality and in turn reduces water in the brain.

Role of Albumin in TBI

is albumin use SAFE in patients with traumatic brain injury?

Bassler et al. (2018) BMJ 376: e019691

DOI: 10.1136/bmj-2018-019691

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- Used in reducing ICP when refractory to other measures
- DO NOT use if hypotensive or hypovolemic
- NOT indicated in the acute resuscitation phase
- WILL prolong time to brain death determination due to long half life
- A consideration with devastating and likely non-survivable injury

Barbiturate Coma

High-dose barbiturates are used to control intracranial hypertension in selected patients. ICP is decreased due to decrease in CMV due to neuroinhibition caused by increase in cerebrovascular resistance.

Indications:

Potentially survivable head injury
No surgically treatable lesion accounting for intracranial hypertension (except when used for preparation for surgery)
Other non-surgical therapies of controlling ICP have failed (mannitol, hyperosmolar solutions, and tubular drainage, acetaminophen)
ICP can be controlled for more than six days, or a period of one hour

Contraindications:
Unilateral occlusion of homonymous hemianopia with significant (> 1) visual field deficit
Multiple intracranial hemorrhages

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Barbiturates

In acute resuscitation?

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- May inhibit brain recovery, only use when absolutely necessary
- Phenytoin and Fosphenytoin for acute phase
- Loading dose 1 gm, 50 mg/min
- Maintenance 100 mg/8 hours
- May control with GA
- PROLONGED? causes secondary brain injury

Anticonvulsants

Post traumatic epilepsy occurs in 5% w closed head injur and 15% with severe head injury

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- AND
- Seizures are NOT controlled with NDMR
- Prolonged seizures with NDMR on board are devastating to brain function
- Undiagnosed and untreated if tonic clonic contractions are masked

Management

- At the site of accident
- Emergency department
- Radiological examination
- Surgical intervention
- ICU management

PITFALLS

Mannitol can have significant rebound effect

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- Scalp wounds
- Depressed skull fractures
- Intracranial mass lesions
- Penetrating brain injury



All patients should be treated aggressively pending consultation with the neurosurgeon!

Intracranial Pressure

- Monro-Kelly Doctrine (early 19th century)
- Intracranial volume (constant) = brain volume + CSF volume + blood volume + mass lesion volume



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Questions?



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