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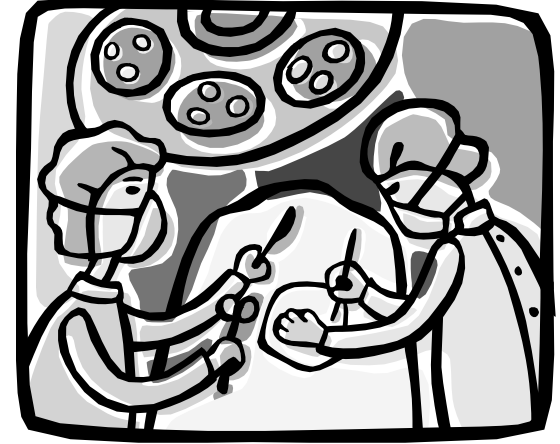
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Off the Cuff

Fall 2005

Volume 24, Issue 2



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2005 NANA FALL ANESTHESIA WORKSHOP
October 15-16, 2005 The Cornhusker
333 South 13th Street Lincoln, Nebraska

NAME: _____
 ADDRESS: _____
 CITY/STATE/ZIP: _____
 AANA# _____ Daytime Phone _____ Email: _____
 Signature (for credit card) _____

<input type="checkbox"/> Full workshop	\$ 250.00	<input type="checkbox"/> Student	No Charge
<input type="checkbox"/> Saturday Only	\$ 200.00	<input type="checkbox"/> Sunday only	125.00
<input type="checkbox"/> After 10-8-05	Add 15.00		

Payment: Write total amount \$

Check

Make Checks Payable to: Nebraska Association of Nurse Anesthetists

Please charge my

Visa

MasterCard

Card # _____

Exp: _____

Mail Registration to:

Nebraska Association of Nurse Anesthetists
 c/o Tim Arthur
 214 West L Street
 Aurora, Nebraska 685818

Cancellation charge:	
Before 10-8-05	\$ 50.00
After 10-8-05	50%
After 10-13-05	100%

Board of Directors

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 1409 N. 9th Street
 O'Neil, NE 68763

Chuck Frisch (04-06)
 1021 Dakota
 Alliance, NE 69301

Nancy Gondringer (04-06)
 7216 Parkridge Circle
 Lincoln, NE 68516

Celeste Hinzman (03-05)
 1304 N. 160th Ave.
 Omaha, NE 68118

Tracy Holsing (04-05)
 8426 West Birch Rd.
 Clatonia, NE 68328

Sarah Theoharis (03-05)
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2005 NANA Fall Meeting & Workshop
The Cornhusker - 333 South 13th St. - Lincoln, Nebraska
October 15 - 16, 2005

Friday, 10-14-05

1900 NANA Board of Directors Meeting

Saturday, 10-15-05

0700 Registration Opens
 0700 Continental Breakfast in the Exhibit Hall
 0800 **Local Anesthetics: What's In Use Today?** Charles A. Reese, CRNA, PhD
 0850 **Techniques Of Epidural Anesthesia** Charles A. Reese, CRNA, PhD
 0940 Refreshment Break in the Exhibit Hall
 1030 **Clinical Applications And Dosing In Epidural Anesthesia**
 Charles A. Reese, CRNA, PhD
 1120 **Prevention And Treatment Of Perioperative Nausea & Vomiting**
 Mark Kania, CRNA, BA

 1210 Luncheon, NANA Annual Business Meeting

 1400 **Inhalation Agents And Airway Management** Mark Kania, CRNA, BA
 1450 **Anesthesia For The Obese Patient** Mark Kania, CRNA, BA
 1540 Refreshment Break in the Exhibit Hall
 1630 **Plexus Blocks Of The Upper Extremity** Charles A. Reese, CRNA, PhD
 1720 **Regional Anesthesia For The Lower Extremity** Charles A. Reese, CRNA, PhD

 1810 Hospitality Suite/Reception (TBA) or Evening on your own

Sunday, 10-16-05

0730 Registration / Coffee & Rolls in the Lecture Hall
 0800 **Review Of Current Literature On Amniotic Fluid Embolism**
 Kimberly King, SRNA, BSN
 0830 **Intraoperative Use Of Dexmedetomidine (Presidex ®)**
 Robin Alexander, SRNA, BSN
 0900 **Interpretation Of The 12-Lead ECG** Mark A. Kossick, CRNA, DNSc
 0950 **S-T Segment Monitoring In Anesthesia** Mark A. Kossick, CRNA, DNSc
 1040 Stretch / Refreshment Break
 1100 **Interpretation Of Perioperative ECG Changes** Mark A. Kossick, CRNA, DNSc
 1150 **Perioperative Treatment Of ECG Changes** Mark A. Kossick, CRNA, DNSc

 1240 Post-workshop NANA Board Meeting



Presidents Message Fall 2005
Phil Powers CRNA

As one of the great past-presidents of the AANA, Mr. Patrick Downey from Wisconsin, can be heard to say on occasion when he steps to the microphone, "My friends, while the date on the calendar may have changed, we are still faced with the same challenges that we have always faced." And so it is that many times the news that you read in these reports seems repetitive. As the challenges to CRNA practice continue, the methods necessary to protect our practice remain the same. In order to persevere, we as an association need to educate, re-educate, lobby, legislate and lead in an organized and cohesive manner. This report may well sound like many others that you have read but big news comes infrequently. The victories are found in reading between the lines.

After the NANA Spring Meeting in Omaha, Nebraska CRNA's and nurse anesthesia students from the Bryan/LGH and Mount Marty programs attended the AANA Spring Assembly in Washington, DC. The issues that we lobbied on were funding for nurse anesthesia education, liability reform, patient safety initiatives and Medicare reimbursement. The students eloquently stated their case for education funding and got a unique bit of education that only this meeting can provide. As a group it was very gratifying to have a United States Senator thank us for all that we do for the people of Nebraska.

In May we saw the passage of LB 256. As our Lobbyist/ Executive Director Ron Jensen says, "Legislation is not an event it is a process". Passage of the Clinical Nurse Specialist Act/ Advanced Practice Nurse Licensure Act was indeed a process that began over ten years ago. The only change for Nebraska CRNA's will be oversight by one board, the Board of Advanced Practice Nursing, instead of the dual oversight that we currently have with the Board of Nursing and the Board of Medicine. I was very pleased to attend the bill signing ceremony for LB 256 in July.

Legislation is not an event it is a process
 -Ron Jensen

A good deal of news comes from the recent AANA Annual meeting. This meeting saw the greatest number of students to ever attend an annual meeting; well over 1,000. As you have seen in the latest AANA News Bulletin, the new board of directors includes Nebraska's Steve Wooden as AANA Treasurer. Congratulations Steve! Dan Vigness from South Dakota is our new Region IV Director.

The annual business meeting saw the introduction of two resolutions that generated some heated debate. One resolution at issue was the way in which the AANA office has been reorganized the other was the "Thoughtbridge Process".

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“thought bridge process is just that the process under which the AANA has entered into discussions with the ASA in an attempt to find common ground to discuss issues of mutual interest. It is paramount to remember that a number of state associations are battling their respective state anesthesiologist associations on all manner of issues. This is in spite of the dialogue (Thoughtbridge) that is occurring on the national level. The actions of Executive Director Jeff Butler and the AANA Board of Directors were called into question by the proposed resolutions but the membership supported their actions and voted down the resolutions.

Another item of interest was the proposed change in bylaws that would have increased membership dues by \$100 with all the increase being returned to the state associations. The bylaws change was referred back to the Bylaws Committee for further development. It is quite likely that you can expect an increase in dues beginning after next year’s annual meeting. I have been appointed to the AANA Bylaws Committee by President Thorson for the coming year and it looks like I might get more than just my feet wet.

I’m looking forward to moving on to some AANA committee work after three years as NANA President. It truly has been an honor and a pleasure to work with and represent one the strongest state nurse anesthesia organizations in the country. I step away secure in the knowledge that your dedicated and well chosen NANA Board of Directors will maintain that great tradition of leadership.



Phil Powers with Gov. Heineman, Senator Price and the Advanced Nurse Practitioners Coalition at the LB 256 signing

Wendall Spencer *Out going* AANA Region 4 Director

Dear Colleagues of Region 4,

Thank you for supporting of me in the past 18 months. Although, the road was a bit bumpy, the members spoke with a clear voice at the national meeting in Washington, DC. As you know, Dan Vigness was elected to the AANA board! I know him well and he will work for you without fail in the AANA. Please support him and keep him informed of issues in your state.

It was once said that a truly wealthy person has many true and good friends. I am indeed fortunate to call so many of you in AANA my good friends. I thank you for your support and your willingness to do what you do for the profession of nurse anesthesia. In our every day practice, our safe care makes a great statement to all those watching us! Thanks for your support of this profession and your dedication to support the future members of this association, the students. I appreciated the opportunity to serve the CRNA’s everywhere in the AANA.



(Continued from page 10)

Article 8, Section 3, C6 Method of Voting

“A plurality vote shall elect”.

Move to strike as this is specifically covered previously in Article 8, Section 3, C3 “The majority of those voting shall determine matters submitted for a vote to voting body”.

Article 8, Section 3, C, 8e Method of voting

“In the event of a tie vote a written ballot at the Annual Meeting may break the tie”.

It is proposed to change “may” to “will” to make this a more definite statement.

Proposed changes in NANA bylaws

NANA bylaws are periodically reviewed and when changes are recommended those changes must be ratified by the association members at either state meeting. What you will see below are the proposed changes to be voted on at this meeting. The current rule will be in usual type and the proposed change with explanation will be in *italics*. To view the bylaws in their entirety go to www.neana.org, members news.

Article 5, Section 1, D, 2 Board of Directors Duties

“Select a place to deposit all NANA financial funds”

The motion is to strike this as this function is implicit in the preceding rule Article 5, Section 1, D, 1 “Control and manage the funds and property of this association”.

Article 5, Section 1, D, 10a, Board of Directors, fill vacancies

“In the event of a vacancy in the office of President, the President-Elect shall assume the duties of President”.

The motion is to strike this as this is later covered in Article 5, Section 2, A5. “The Vice-President automatically becomes the President-Elect only in the event of vacancy of President-Elect other than natural succession”.

Article 5, Section 2, B Eligibility for Office

“No member shall be eligible for the office of President elect or Vice President...”.

Strike as this is verbatim of previous rule Article 5, Section 1, A2.

Article 7, Section 3, B Elected committee procedures, mailing

“Members written consent must be obtained...”.

The proposal is to strike this as this is covered later in Article 8, Section 3, B2 under the rules of voting.

Article 8, Section 2, Quorum

“The number of association members attending official meetings of the association shall be the required number of members necessary to conduct official business of this association”.

The proposal is to change the quorum to 10% of the total association membership.

(Continued on page 11)

NANA 2005 Fall Workshop

Clinical topics abound at this year’s Fall Workshop, with regional anesthesia being a prime focus. Joining us once again is an old friend to Nebraska anesthesiologists, Dr. Charles (Chuck) Reese. Dr. Reese is noted for his expertise in regional anesthesia, and has presented two “hands on” workshops for us in the past. It’s great to have him return.

Mark Kania has lectured across the country, including multiple presentations at AANA Annual Meetings. He is sponsored, in part, by Baxter Healthcare, and is a regular presenter for their speaker’s bureau.

Dr. Mark Kossick completed his anesthesia education at the University of Kansas, and is currently the Director of the Nurse Anesthesia Program at Union University School of Nursing in Jackson, Tennessee. Dr. Kossick is also a widely traveled lecturer, having presented repeatedly at AANA Annual Meetings, as well as being widely published on many topics, especially cardiovascular physiology and ECG interpretation.

Kimberly King and Robin Alexander are senior students at BryanLGH School of Nurse Anesthesia. Their presentations are a part of their requirement for their Master’s Degree, and represent research studies that they have completed over the past year.

Finally, our Annual Business Meeting of the NANA will be held at the luncheon on Saturday, including election / installation of new officers. We will be receiving an update on issues both nation-

Standing Committees

Program

Jim Cudderford - Lincoln

Tim Arthur – Aurora

Federal governmental Relations

Nancy Gondringer – Lincoln

Bylaws

Chuck Frisch – Alliance

State Governmental Relations/ Publications

Bob Bush – Lincoln

Finance

Julie Vaughan - Blair

ally and statewide, and it is in the interest of every member to attend.

We are once again at the wonderful Cornhusker Hotel, newly remodeled, and always a favorite venue.

Sarah Theoharis
Chairperson - Public Relations

Congratulations to Denise Husen for her scrapbook entered in the National PR contest on behalf of North Central Anesthesia Services, LLC. (O'Neill practice). Denise's scrapbook portrayed the public relations efforts she and her group presented during National Nurse Anesthesia Week. They won first place for small group independent on behalf of a state association. Denise was instrumental in their hosted community "tea" for the O'Neill area. It was a huge success with a great turn out. Kudos to Denise, Wendell Spencer, Larry Finley, Julie Davis, and Kevin Loecker. The scrapbook will hopefully be displayed at the Fall Meeting.

The scrapbook I entered on behalf of NANA, didn't win a prize, but I think was pretty good. I will of course challenge you all to become more active and give me more entries to work with for next year. Get the word out: Nurse Anesthetists are priceless. Back to our scrapbook, I have some prizes that I will be handing out at the Fall Meeting for the winning entries. First place goes to Denise Husen, she went to a lot of work to put on a tea, in addition to a lot of work making the scrapbook. Second place to Lt. Col. Laurie McMullen, she got a lot of press at Offutt and surrounding areas. And 3rd, to our fearless, ambitious leader, Phil Powers, who seems to every year do a lot of PR work.

Congratulations to Denise Husen for first place in our NANA public relations contest promoting CRNAs in Nebraska

Good job and a big thank you to everyone who spent the time to send me details of your PR work. I will also try to have the NANA scrapbook displayed at the Fall Meeting so all attending will be able to see the fine work done this past year by your fellow CRNAs. See you in Lincoln.

NANA Fall 2005 Meeting Hotel Information

A block of rooms has been set aside for this event at the rate of \$91.00 (Single through Quad occupancy.) Hotel cut-off date is September 23, 2005. When making reservations, mention Nebraska Association of Nurse Anesthetists for the group rate.

The Cornhusker Downtown Lincoln

333 South 13th St.
(800) 793-7474 or (402) 474-7474

Dan Vigness
Director, NANA Region 4

The first thing I wish to do as your new Region 4 Director is to thank Wendell Spencer for his previous work as director for this region. Wendell worked tirelessly for Region 4 and CRNAs everywhere. He is an unwavering advocate of CRNAs and his devotion to the AANA and all CRNAs should be a guide to us all. Wendell leaves us all better for his having served in this capacity. He leaves huge shoes to fill. We all owe him a huge debt of gratitude.

I have just returned from the AANA Annual Meeting. As I write this, I've only been in this office for 4 days! The business meeting was certainly one of the more "interesting" we've had in years. There were a few resolutions and proposed by-laws changes that many felt passionately on both sides of the issue and the discussion was lively and very good. Two resolutions, one regarding the rules of mediation for the Thought-bridge process and the other, the reorganization of the AANA office were both defeated. The proposed by-law change to increase dues with the entire increase being returned to the states was referred back to a committee to determine long term effects on both the state and national organizations. The stipend for the AANA President and President-elect was increased. There was also a by-law change which will change some dates in the nomination process and also one which will eliminate some standing committees. Be sure to read about these in more detail in the AANA News bulletin.

As issues present themselves, please give me a call or email me if you have questions. I would be glad to give you whatever information I can. My home phone is 605-339-4336 and my email is ddvsf@sio.midco.net My address is 2309 South Stephen Ave, Sioux Falls, SD 57103. Please let me know if you have questions or comments. I look forward to hearing from you.

Bylaw changes will be published in the upcoming issues of the AANA News Bulletin

I look forward to the upcoming two years on the AANA Board of Directors. Let me know what concerns you have.

Dan Vigness, CRNA,MS
Region 4 Director



Matt Petta BSN
SRNA Student representative

As the state student representative, I am writing on behalf of SRNA's to express a collective "thank you." We appreciate your instruction, mentorship, support, and encouragement that you provide to us during our introduction to the anesthesia world.

Students from the BryanLGH School of Nurse Anesthesia and the Mount Marty affiliate site in Omaha understand that it is not always easy to take care of the patient and an anesthesia neophyte at the same time. It can be particularly trying when SRNA's are still trying to intubate with Macintosh blades. I will now let the greatest debate in our profession now ensue. Seriously, we appreciate the "pearls" passed down to us. We look forward to the day when we are able to bite our tongues and sit on our hands for the sake of experience, . . . gulp.

Not only do we appreciate your instruction, but also your mentorship. I can speak for myself and many of my peers who will be involved staunch proponents of CRNA's at the state and federal levels because of mentorship provided while we were green in our careers. The political landscape is overwhelmingly complex, but does not seem as intimidating when gently introduced by mentors.

Mentorship is key to our long-term development, but some days the support received during our training helps us make it day to day. All of us know that the anesthesia community is very small, especially in Nebraska, which evokes a sense of camaraderie. All of us also know how difficult anesthesia training can be. We want you to know SRNA's feel supported within this community.

Mentorship is key to long term development

Anytime there is support; most definitely, there is encouragement. At some time you "encouraged" us. Was it when you "encouraged" us to try the fast-track? Maybe you "encouraged" us to attend the national meeting or get in on an emergent craniotomy. Whatever your encouragement was pushed us beyond what we thought we could do, and for that we are better more enlightened anesthetists.

On Behalf of SRNA's; Thank You,

Early Registration

Early registration will help the Program Committee to plan appropriately for this meeting. CRNAs registering for this workshop should utilize the enclosed registration form. Further information may be found on the NANA website (<http://www.neana.org>), or you may contact Tim Arthur, CRNA. **Voice Mail 402-694-6007 Ext 500**. Payment may be made by check or Visa/Master Card.

Parking: Is available to the west in the adjacent city parking garage.

.We will be able to validate parking for up eight hours at the registration table

Bob Bush
State GRC

Most providers in this state CRNA and anesthesiologist alike remember that in February of 2001 then Governor Johannes "opted out" of the Medicare CRNA/physician supervision requirement. The so called federal "November 13" rule allowed any governor, after consultation with the boards of nursing and medicine, who deemed it in the best interest of the state's citizens could remove or "opt out" of the supervision requirement. As a test the Nov.13 rule also calls for CMS (Medicare) through it's Agency for Healthcare Research and Quality to "conduct a study of anesthesia outcomes in those States that choose to opt-out of the CRNA supervision requirement compared to those States that have not." To my knowledge this has not been done. In the face of this potential challenge (one I would welcome) the Nebraska opt out has remained intact. What is for me implicit in the opt out is the trust and faith of both the governor and Nebraska's citizens that we will continue to provide safe and effective anesthesia care. A trust we can not take for granted.

Trust is a fragile thing, it takes years to develop but only seconds to be destroyed

This past Spring Governor Brian Schweitzer of Montana temporarily rescinded their opt out and reinstated the physician supervision requirement. Fortunately after reassessing his position the governor had the courage to reversed himself and again opted out. What is key here is that Gov. Schweitzer was not the governor that originally opted out, he did not have to consult anybody to rescind the opt out, there was no CMS study, nor is there any legislative, judicial or regulative way to compel him to reverse himself. The reality is that these are the same rules that all CRNA's of the fourteen opt out states must abide by.

Phil Powers our NANA president and Ron Jensen our Lobbyist met with at that time, newly appointed Governor Heineman, last February to discuss among other things the Nebraska opt out. What was described as very frank yet personable discussion led to mutual understanding and a pledge by the governor to assemble all concerned if a change in the opt out is considered. I thank these two gentleman for their foresight and commitment and Governor Heineman for his fairness.

Nebraska LB256 became law as the Clinical Nurse Specialist Practice Act on June second of this year. This concluded a process that began about ten years ago involving nurses from four specialties. It creates an oversight board for advanced practice nurses, including CRNAs, that is on par with the Boards of Nursing and Medicine and organized directly under the Board of Health. No longer are we accountable to an advisory committee to the Board of Nursing. Please remember that we are all dual licensed as CRNA's and RN's as such we must still abide by the rules and regulations of the Board of Nursing regarding our RN licenses.